

The Dolphin and Village store

FROM THE GRILL

6oz beef burger, smoked bacon, gruyere,
gherkin, chipotle mayo, chips and salad
11.95

Cumberland sausage ring, corn and black bean
salsa, coleslaw, chips and salad
10.95

Baked red mullet, cherry tomatoes, green
beans, samphire, new potatoes, pesto
13.50

Charred minute steak, roast red onion, lime and
mint crème fraiche, flat bread, new potatoes
14.25

Jamie's spicy harrisa chickpea and sweet
potato burger, balsamic red cabbage, beetroot
ketchup, chips and salad
11.95

**S
I
D
E
S**

Bowl of salted chips **3.50**

Mixed dressed salad **3.50**

Buttered new potatoes **3.25**

Garlic pitta bread **2.80**

Marinated olives **3.20**

SANDWICHES

Honey glazed ham, gherkin, mustard mayo
Smoked salmon, rocket, crème fraiche,
beet root

Mozzarella, spinach, sun blush tomatoes
All served on Pump Street granary bread

6.95

FISH

Dressed Cromer crab, Thorpeness salad,
battered new potatoes, lemon and dill
mayo

13.95

Chilled kiln smoked salmon, fennel,
avocado, cucumber, feta, sun blashed
tomatoes

14.25

DELI BOARDS

Smoked salmon, kiln
smoked salmon,
mackerel, trout, shell
on prawns, rolls mops,
salad and bread

15.50

Add a crab

19.50

Honey glazed ham,
shipcord cheddar,
onion chutney
sausage roll, maple
chorizo, apple and
raisin chutney, sal-
ad and bread

13.50

Avocado, sun blush
tomatoes, olives,
houmous, balsamic
red cabbage,
Norfolk Dapple,
salad and bread

12.25

**D
E
S
S
E
R
T
S**

Schnapps and raspberry jelly **5.25**

Belgian waffle, summer berry compote, cream,
honeycomb **5.25**

Chocolate brownie sundae, white chocolate
sauce, vanilla ice cream **5.25**

Tub of local ice cream **3.50**

Mac 'N' cheese garlic pitta **6.25**

Cheese burger and chips **7.25**

Sausage, coleslaw and chips **6.95**

Minute steak, chips, salad **9.95**

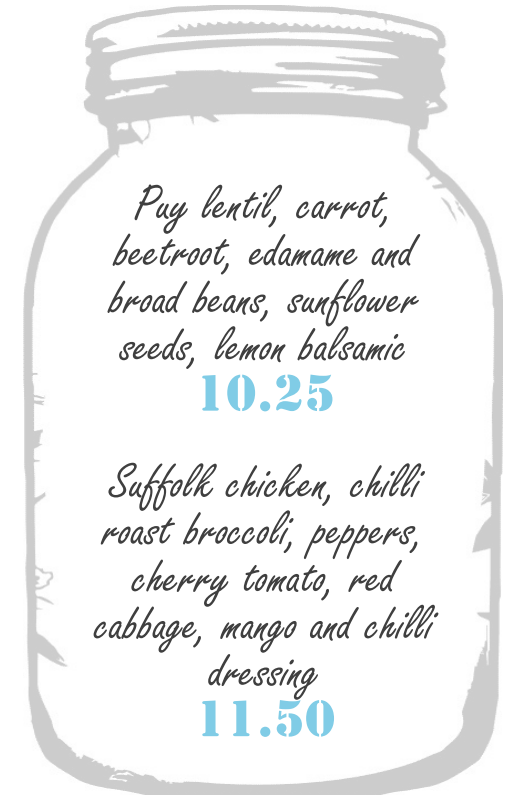
1/2 sandwich, chips **6.95**

**K
I
D
S**

SALAD IN A JAR

Puy lentil, carrot,
beetroot, edamame and
broad beans, sunflower
seeds, lemon balsamic
10.25

Suffolk chicken, chilli
roast broccoli, peppers,
cherry tomato, red
cabbage, mango and chilli
dressing
11.50



Dates for the Diary

3rd August

Thorpeness Village Fete

12pm-4pm

Join us as our garden will be packed with fun and games for the whole family.

Loads to win, all helping to raise money for charity

23rd August

Thorpeness Regatta

We will have the BBQ cooking...

Come fill yourselves up with us before heading to watch the fireworks.

Join us after the fireworks and dance the night away with our live music in the garden.

1st September

Last day of our Summer BBQ

Your last chance of the Summer to grab something tasty from our BBQ

19th October

Smugglers charity walk

Kick things off with a bacon butty at The Dolphin before taking a stroll to The Parrot for a hearty bowl of soup. Return back to The Dolphin at your own pace via a different route.

Contact Bill Crow to book 01728 454641

Our food ethos...

We are a small family owned and family operate business, we are proud members of our community and concerned citizens of this country. Our shared values and principles are central to our business and our values often go deeper than simply benefitting the family, but also the wider community in which we operate including projects supporting charities that fit our mission.

Our butcher in Aldeburgh ensures that all of our meat is not only sourced as locally as possible but also of the best quality. Our fish comes directly from the markets in Lowestoft sourced only from sustainable stocks. Our bread is from the famous Pump Street bakery in Orford and delivered fresh on a daily basis. Our greengrocer in Leiston is able to offer some top locally grown produce whilst during the warmer months we have daily deliveries of fruit and veg that has been cut just minutes before it arrives from the local allotment just a stones throw away. Even the milk we use is from a local dairy. It doesn't stop with food - our offering on the bar also boasts some great local names. Aspull not only makes the vinegar you put on your chips but is much better known for its award winning cider and you can't come to Suffolk and not have a pint of Adnams, from Southwold just up the coast.

Our Summer Opening Times

Monday - Sunday 11am-close

Food served

Monday - Saturday 12pm-2.30pm / 6pm-9pm

Sunday 12pm-8pm

01728 454994 www.thorpenessdolphin.com

dolphininn@hotmail.com

BOOK ONLINE

Don't forget you can book your table on our website the next time you want to come and dine with us.

www.thorpenessdolphin.com

Please inform us if you suffer from any allergies so we can cater for your needs accordingly. We offer dairy free and gluten free options where possible.



Why not visit our Sister pub in Aldringham? Open Monday to Saturday for lunch and dinner and for Sunday lunch. Great steaks and burgers from Salter and King butcher in Aldeburgh. Book online.
www.aldringhamparrot.com