

Next time why not book a table?
You can book a table online
www.aldringhamparrot.com

When you arrive to pick your food up we ask that you remain outside until we call you to come in and collect it.

Whilst our chefs will work as quickly as they can to get your food ready there may be a lag during busier times. Please bare with us—it'll be worth the wait.

The Dolphin *Thorpeness*

Our Sister pub is at the heart of the community in Thorpeness. They offer a great value prix fixe menu, 2 for 1 Vegan Thursday and some great local meat from Salter and King butcher and fish from Lowestoft.

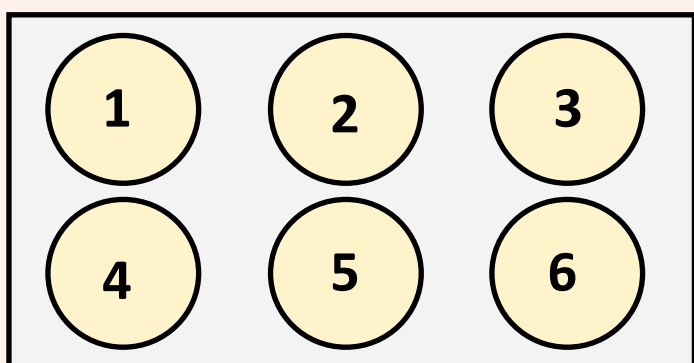
Book a table on their website...

www.thorpenessdolphin.com

01728 454994

Loyalty Card

Spend over £20 on 6 different visits to claim a free bottle of Prosecco.



TAKEAWAY



MONDAY - SATURDAY
12-2PM & 6-8.30PM



SUNDAY
12-2PM



01728 830221

COLLECTION ONLY

PLEASE WEAR A FACE MASK WHEN PICKING UP YOUR FOOD.

CARD PAYMENTS ARE PREFERRED



SMALL BITES

PAN SEARED SCALLOPS, CRISP PANCETTA, PEA PUREE.....6.95

SPICY BUFFALO CHICKEN WINGS, BLUE CHEESE SAUCE.....6.25

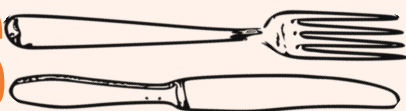
ROAST BEETROOT, PUMPKIN SEEDS, VEGAN HALLOUMI, SPINACH.....6.25

SMOOTH CHICKEN LIVER PARFAIT, RED ONION CHUTNEY, SOURDOUGH CRISPS.....6.50

DID YOU KNOW YOU CAN
NOW BUY OUR DELICIOUS
KETCHUP AND CHIP
SEASONING TO TAKE HOME



MAINS



100Z RIBEYE STEAK, GARLIC FLAT MUSHROOM, CHERRY TOMATOES, FRIES, SALAD19.50

AL'S CURRIED GOAT, PILAU RICE, SWEET CARROT CHUTNEY AND FLATBREAD.....12.95

CHARRED CHICKEN BREAST BURGER, CHIPOTLE MAYO, MONTERAY JACK, FRIES, 'SLAW.....11.95

60Z BEEF BURGER, SMOKED BACK BACON, BLUE CHEESE, RED PEPPER JAM, 'SLAW, FRIES.....11.50

BAKED COD TAIL, GREEN PEAS, SEASONED FRIES, TARTARE SAUCE.....12.50

BUTTERNUT SQUASH AND 5 SPICE RISOTTO, CHESTNUT CRUMN, MIZUNA SALAD.....10.25

BRAISED SHOULDER OF LAMB, THYME ROASTED ROOTS, CHAMP MASH, TOMATO JUS.....12.50

COURGETTE LINGUINE, ROAST PEPPERS, PUMPKIN SEEDS, SPINACH, TOMATO PESTO.....10.25

ROAST SUFFOLK TURKEY, APRICOT AND PISTACHIO STUFFING, PIGS IN BLANKET, GOOSE FAT POTATOES, MASHED SWEDE AND CARROT, PARSNIPS, SPROUTS, GRAVY.....13.50

SIDES

SEASONED SKIN ON FRIES.....2.50

PEPPERCORN SAUCE.....2.50

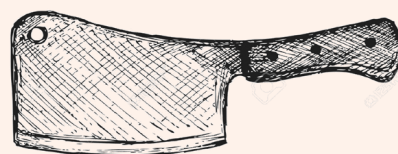
MIXED WINTER VEG.....2.50

MIXED SALAD.....2.50

BUTTERED NEW POTATOES.....2.50

COLESLAW.....2.50

PLEASE INFORM US OF ANY ALLERGIES OR
INTOLERANCES THAT YOU HAVE. WE ARE QUITE
FLEXIBLE WITH A LOT OF DISHES.



DESSERTS

SELECTION OF BRITISH CHEESE, CRACKERS, CHUTNEY, GRAPES6.50

DEATH BY CHOCOLATE—CHOCOLATE BROWNIE, CHOCOLATE GANACHE, WHITE CHOCOLATE MOUSSE.....4.95

TANGY KEY LIME PIE, PASSIONFRUIT CURD.....4.95

SEVILLE MARMALADE BRIOCHE BREAD AND BUTTER PUDDING, VANILLA CUSTARD.....4.95

WINE BY THE BOTTLE

LA PICOUTINE COLOMBARD VIN DE FRANCE, 2018...12.00

THE PADDOCK CHARDONNAY, AUSTRALIA, 2017...14.00

ALOIS LAGEDER RIFF PINOT GRIGIO 2017...17.00

TERRI FORTI, SANGIOVESE RUBICONE, ITALY, 2016...12.00

SHIRAZ/CABERNET, CANOE TREE, AUSTRALIA, 2016...14.00

LOROSCO RESERVA MERLOT, CHILE, 2018...16.00

LA PICOUTINE ROSE CINSULT GRENACHE, 2017...12.00

THE ADNAMS SELECTION PROSECCO, ITALY...16.00