

The Dolphin

Thorpeness

Breakfast

9am-12pm

GRANOLA	6.50
Toasted homemade granola, goji berries, nuts, seeds, dried fruit, Greek yoghurt and fresh fruit	
LOADED OATS	6.00
Berries, Greek yoghurt, shaved coconut, pumpkin and sunflower seeds	
AMERICAN PANCAKES	
<i>Topped with either</i>	
Greek yogurt, pecan nuts and maple syrup	8.00
Blueberries, Greek yogurt, chai seeds and honey	8.00
Add bacon	2.00
SUFFOLK BIG BREAKFAST	9.50
3 rashers of Salter and King's smoked bacon, 2 traditional pork sausages, 2 poached eggs, roast tomatoes, crushed potatoes, chestnut mushrooms and sourdough toast.	
SUFFOLK LITE	8.50
Poached eggs, wilted spinach, pine nuts, roasted tomatoes and avocado on toasted sourdough	
BREAKFAST BAP	5.50
2 Bacon, 2 sausage and fried egg	
BACON OR PORK SAUSAGE BAP	4.80
SMOKED SALMON & SCRAMBLED EGGS ON SOURDOUGH	9.00
POTATO HASH	8.00
Roasted peppers, courgettes, borlotti beans, tomatoes, spinach, smoked paprika	
CHORIZO HASH	8.50
Chorizo, smoked bacon, spinach, roasted peppers, courgettes, potatoes and 2 fried eggs	
SOURDOUGH TOAST x 2 & PRESERVE	3.00
Choose from jam, marmalade, honey,	

HOT DRINKS

Selection of Teas	2.50
Cappuccino	2.60
Latte	2.60
Espresso	2.00
Americano	2.40
Flat white	2.70
Hot Chocolate	4.00

ORGANIC SUFFOLK JUICES

Carrot and Apple	3.00
Pear and Raspberry	3.20
Apple	3.00
Pear	3.00
Tomato	3.00
Orange	3.20