

# The Dolphin

*Thorpeness*

## Breakfast

<b>GRANOLA</b>	6.50
Toasted homemade granola, goji berries, nuts, seeds, dried fruit, Greek yoghurt and fresh fruit	
<b>LOADED OATS</b>	6.00
Berries, Greek yoghurt, shaved coconut, pumpkin and sunflower seeds	
<b>AMERICAN PANCAKES</b>	
<i>Topped with either</i>	
Greek yogurt, pecan nuts and maple syrup	8.00
Blueberries, Greek yogurt, chai seeds and honey	8.00
Nutella and sliced bananas	6.00
Add bacon	2.00
<b>SUFFOLK BIG BREAKFAST</b>	9.50
3 rashers of Salter and King's smoked bacon, 2 traditional pork sausages, 2 poached eggs, roast tomatoes, crushed potatoes, chestnut mushrooms and sourdough toast.	
<b>SUFFOLK LITE</b>	8.50
Poached eggs, wilted spinach, pine nuts, roasted tomatoes and avocado on toasted sourdough	
<b>BREAKFAST BAP</b>	5.50
2 Bacon, 2 sausage and fried egg	
<b>BACON OR PORK SAUSAGE BAP</b>	4.50
<b>SMOKED SALMON &amp; SCRAMBLED EGGS ON SOURDOUGH</b>	9.00
<b>POTATO HASH</b>	8.00
Roasted peppers, courgettes, borlotti beans, tomatoes, spinach, smoked paprika	
<b>CHORIZO HASH</b>	8.50
Chorizo, smoked bacon, spinach, roasted peppers, courgettes, potatoes and 2 fried eggs	
<b>SOURDOUGH TOAST x 2 &amp; PRESERVE</b>	3.00
Choose from jam, marmalade, honey,	

### HOT DRINKS

Selection of Teas	2.50
Cappuccino	2.60
Latte	2.60
Espresso	2.00
Americano	2.40
Flat white	2.70

### ORGANIC SUFFOLK JUICES

Carrot and Apple	3.00
Pear and Raspberry	3.20
Apple	3.00
Pear	3.00
Tomato	3.00
Orange	3.20