

# The Dolphin

*Thorpeness*

## Breakfast

GRANOLA	7.50
Toasted homemade granola, goji berries, nuts, seeds, dried fruit, Greek yoghurt and fresh fruit	
LOADED OATS	7.00
Berries, Greek yoghurt, shaved coconut, pumpkin and sunflower seeds	
AMERICAN PANCAKES	
<i>Topped with either</i>	
Greek yogurt, pecan nuts and maple syrup	8.00
Blueberries, Greek yogurt, chai seeds and honey	8.00
Nutella and sliced bananas	6.00
Add bacon	2.00
SUFFOLK BIG BREAKFAST	11.00
Salter and King's smoked bacon, 2 traditional pork sausages, 2 poached eggs, roast tomatoes, crushed potatoes, chestnut mushrooms and sourdough toast.	
SUFFOLK LITE	9.75
Poached eggs, wilted spinach, pine nuts, roasted tomatoes and avocado on toasted sourdough	
BREAKFAST BAP	8.00
2 Bacon, 2 sausage and fried egg	
BACON OR PORK SAUSAGE BAP	5.00
SMOKED SALMON & SCRAMBLED EGGS ON SOURDOUGH	11.00
POTATO HASH	9.50
Roasted peppers, courgettes, borlotti beans, tomatoes, spinach, smoked paprika	
CHORIZO HASH	10.00
Chorizo, smoked bacon, spinach, roasted peppers, courgettes, potatoes and 2 fried eggs	
SOURDOUGH TOAST x 2 & PRESERVE	3.50
Choose from jam, marmalade, honey,	

### HOT DRINKS

Selection of Teas	3.00
Cappuccino	3.25
Latte	3.25
Espresso	2.25
Americano	3.00
Flat white	3.25

### ORGANIC SUFFOLK JUICES

Carrot and Apple	3.50
Pear and Raspberry	3.50
Apple	3.50
Pear	3.50
Tomato	3.50
Orange	3.50